



CareerSource Referral Form to Tobacco Free Florida

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Tobacco Free Florida Program Options



Group Quit

Register for a session with trained facilitators along with others who want to quit like you.

- Led by a trained specialist
- 2 to 4 weeks nicotine patches, gum or lozenges
- Convenient times & locations
- Group support



Phone Quit

A Quit Coach® is waiting for your call to help you on your journey to be tobacco free.

- Quit Coach® 24/7
- 2 weeks nicotine patches or gum
- Custom plan
- 3 calls from Quit Coach®
- 1-877-U-CAN-NOW (1-877-822-6669)



Web Quit

You'll have access to a Quit Coach® 24/7, be able to track your progress, and access to blogs where you can share your story.

- Quit Coach® 24/7
- 2 weeks nicotine patches or gum
- Track your progress
- Blogs



More Quit Tools

But wait, there's more ways to quit! Choose what you need or use them in addition to our Phone, Group and Web services.

- Available 24/7
- 2 weeks nicotine patches or gum
- Texting support
- Quit Guide & helpful emails

Need more information about the programs available? Visit: www.tobaccofreeflorida.com/quityourway

I. CareerSource Information (Required) *Staff fills out*

CareerSource Location: _____ Region #: _____

Today's Date: _____ Staff: _____

Phone: _____ Email: _____

I have obtained permission for Tobacco Free Florida to contact the client to discuss free cessation services.

II. Client Information (Required) *Client fills out*

Client First Name: _____ Client Last Name: _____ Date of Birth: _____

Address: _____ City: _____

State: _____ Zip Code: _____ County: _____

Best Telephone Number: _____ Alternate Number: _____

The best time to reach me is: (check one)

- Morning: 8am – Noon Afternoon: Noon – 5pm Evening: 5 – 9pm

With my signature below, I provide permission for Tobacco Free Florida to contact me. If I am unavailable when called:

- you **may** leave a message you **may not** leave a message

Client Signature: _____ Date: _____

Program choice: Check **ONE** box below. CareerSource will then submit this form via fax or email to the program listed below.

- Attend a local in-person group class **Fax:** 1-888-975-1534 | **Email:** ahectobacco@health.usf.edu
- Talk to a Quit Coach over the phone **Fax:** 1-866-688-7577 | **Email:** supportservices@optum.com
- Use an online program **Fax:** 1-866-688-7577 | **Email:** supportservices@optum.com